

# *Our Wellness Brochure*

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## *Ayurvedic Relaxing Massages*

*Relax with all your senses: you will be gently rubbed down with the warm oils you yourself have selected and massaged from head to toe.*

*Whole-body relaxing (90 minutes) € 89.00*

*Head (30 minutes) € 35.00*

*Feet (30 minutes) € 35.00*

## *Herb Pad Massages*

*The alternation of rhythmic massage and oriental rests, combined with hot ginger and lemon grass pads regenerates the stressed body, pleases with its synergy effects, and activates the self-healing capabilities of the organism.*

*Whole body (90 minutes) € 89.00*

*Back (30 minutes) € 35.00*

## *Harmony Massage*

*The front and back of the body are massaged with complementing oils, so that exhilarating and relaxing aromas affect your senses. . . .*

*Whole body (60 minutes) € 59.00*

*Back (30 minutes) € 35.00*

## *Relaxing Stones*

*Hot rock crystals are laid on the energy meridians of the body. While you rest in a warm pack, a gentle massage of the face, neck, and head relaxes your tension. Warm oils are gently applied and massaged in with the hot stones.*

*Whole body (90 minutes) € 89.00*

*Back (30 minutes) € 35.00*

*Feet (30 minutes) € 35.00*

## *Additional treatments*

*Hair removal with hot wax:*

*Upper lip/eyebrows € 5.00*

*Face (complete) € 15.00*

*Underarm/bikini zone € 15.00*

*Legs*

*Back/chest € 25.00*

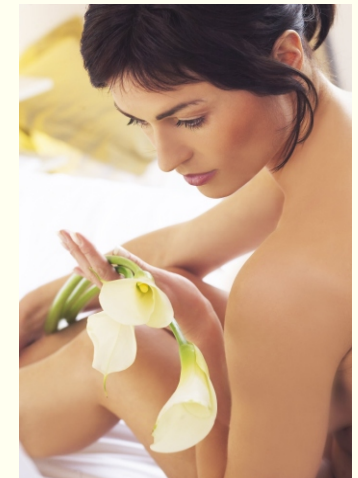
*Eye-catcher*

*Eyebrows plucked € 8.00*

*Eyebrows dyed € 8.00*

*Lashes dyed € 13.00*

*Drainage mask for the eye area € 19.00*



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## Facial Treatments



*Multi-comfort (90 minutes) € 89.00*

*Enjoy an intensively relaxing anti-aging treatment, in which moisturizing ingredients, masks, and massage cremes are coordinated exactly to your skin needs.*

*Soft and Gentle (60 minutes) € 59.00*

*After a light foam cleansing, peeling, and Vapozon treatment, a soft brush massage awaits you. Moisturizing ingredients prepare the skin for the creamy foam mask, while the day creme massaged into the skin will give it a pleasant feeling of smoothness and freshness.*

*Luxury Care (60 minutes) € 69.00*

*Your skin will glow after a gentle cleansing, an enzyme peeling with Vapozon, a relaxing massage with gemstones, a mask of ingredients coordinated on the basis of the intensively regenerating alginate, and the appropriate day creme.*

## Body Treatments

*We offer individual partial and whole-body treatments or complete treatment programs which are freshly prepared for your individual needs. The packs can be applied, depending on the type, as self-warming partial pack, warming peel-off mask, or gel pack. Five different massage oils based on grape-seed oil leave nothing to be desired....*

*Leaflets describing each type of treatment are available.*

*Combine types according to your whims:*

*Whole-body peeling, followed by shower and sprayed-on care (about 20 minutes) € 35.00*

*Whole-body pack, followed by shower and sprayed-on care (about 30 minutes) € 45.00*



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## *Chinese Massage - Tuina*

*In contrast to our Western massages, which consist mainly of stretching, stroking, or loosening of muscles and connective tissue, Chinese massage works with pressure on the acupuncture points along the energy meridians in the body.*

*“Every person is a whole body, mind, and soul”*

*Chinese head and facial acupressure (30 minutes) € 35.00*

*Activation of the most important acupressure points on neck, face, and head*

*Chinese foot acupressure (30 minutes) € 35.00*

*Activation of foot and leg acupressure points*

*Chinese back treatment (40 minutes) € 40.00*

*Treatment of neck, back, and spine*

*Chinese whole body treatment (90 minutes)*

*Treatment of face, head, neck, back, arms, legs, and feet*

## *Recreate*



## *Enjoy*



## *Feel good*